

To Parents / Guardians:

A student who contracted the flu is required by law to stay home until recovery, and the stay-home period is also determined by law. When the student comes back to class, parents and guardians must fill out and stamp the following report before submitting it to the school.

Flu Recovery Report

Takaoka City Toide Seibu School Principal

Grade Group Student Name

Guardian Name



After examination at a medical institution, my child had been diagnosed with the flu (or suspected of having flu symptoms). I would hereby like to report his / her recovery.

- 1 Diagnosis Flu (Type A • Type B) ※Please circle the type if it is known.
- 2 Development from the Onset Date (Please fill in the table framed in bold.)
 - ① Onset Date: specify the date and day of the week . ※Day on which a fever or other flu-diagnosable symptoms began.
 - ② Fever: record the highest temperature per day. Fever is considered to have broken if the student's body temperature returns to normal.

	Day 0 Onset	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
Date	/	/	/	/	/	/	/	/	/	/
Day	()	()	()	()	()	()	()	()	()	()
Presence of fever?	°C yes • no	°C yes • no	°C yes • no	°C yes • no	°C yes • no	°C yes • no	°C yes • no	°C yes • no	°C yes • no	°C yes • no
Absence of fever	Onset of symptoms						Possible return to school			
Presence of Fever ※ The day on which the student can come back to school depends on when his / her fever breaks. See table for reference.	Fever Broken						Possible return to school			
		Fever Broken					Possible return to school			
			Fever Broken				Possible return to school			
				Fever Broken			Possible return to school			
					Fever Broken			Possible return to school		
						Fever Broken		Possible return to school		
							Fever Broken		Possible return to school	
							Fever Broken		Possible return to school	

※ Students should only attend classes after having fully recovered (do not force the student to return even if according to this calendar, it's possible to come back to school).

<Stay-Home Period> ... Days shaded in the table above.

※ 5 days after the onset of symptoms and two days after the fever break (even if fever has been broken for two days, the student cannot return to school unless 5 days have passed since the onset of the symptoms).

※ Vice versa, if the student develops a fever even if 5 days have passed since the onset of the symptoms, the stay-home period is extended as above.

3 Diagnosed Reiwa Year Month Day () • Medical Institution Name

4 Back to School Date Reiwa Year Month Day () ※Must be acknowledged by the doctor.

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Duration of Absence: Reiwa Year Month Day () ~ Reiwa Year Month Day ()